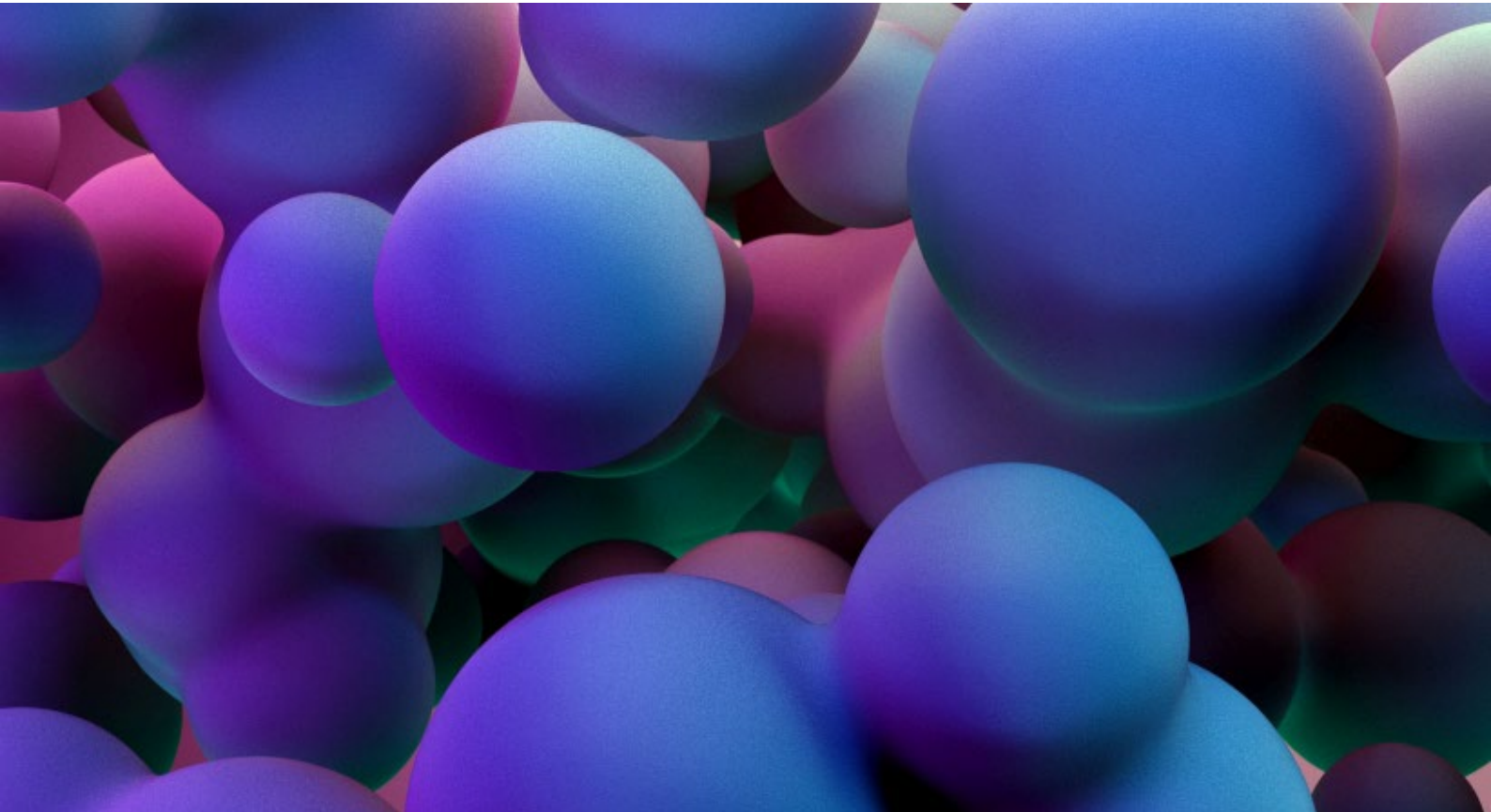


Postgraduate course Programme

# **Thriving in ID/CM: Essential skills for young scientist members**

Łódź, Poland

3 – 5 September 2026



**Faculty Members**

Finland	<b>Tuomas Aro</b>
Poland	<b>Adrian Bekier</b>
Poland	<b>Filip Bielec</b>
Romania	<b>Casandra Bulescu</b>
Switzerland	<b>Giorgia Caruana</b>
UK	<b>Muge Cevik</b>
Mozambique	<b>Aureliana Chambal Chilengue</b>
Poland	<b>Aleksander Deptuła</b>
Poland	<b>Justyna Kowalska</b>
Italy	<b>Filippo Mediolì</b>
Netherlands	<b>Annabel Niessen</b>
Spain	<b>José Ramón Paño-Pardo</b>
Spain	<b>Galadriel Pellejero</b>
Italy	<b>Luigia Scudeller</b>

## Day 1      Thursday, 3 September 2026

### MASTERING COMMUNICATION

Chair: Filip Bielec

09:00 – 09:20      **Welcome, course and TAE presentation**  
Filip Bielec & Annabel Niessen

09:20 – 09:40      **Feedback that works: peer-to-peer and across hierarchies**  
Filip Bielec

09:40 – 10:00      **Communicating ID/CM Research**  
Muge Cevik

10:00 – 10:20      **When Things Go Wrong: Learning and Growing from Setbacks**  
Aleksander Deptuta

**10:20 – 11:00      Break**

### PROFESSIONAL DEVELOPMENT AND WELLBEING

Chair: Annabel Niessen

11:00 – 11:20      **From Advocacy to Action: Sustainable Solutions in ID & CM**  
Aureliana Chambal

11:20 – 11:40      **Building Bridges in ID & CM for Better Care and Research**  
Justyna Kowalska

11:40 – 12:40      **Caring for the Caregiver: When we doctors are the patients (Interactive Workshop)**  
Tuomas Aro

**12:40 – 14:00      Lunch Break**

### AFTERNOON WORKSHOPS

Chair: Galadriel Pellejero

14:00 – 15:30      **Owning the Stage: Improv Exercises to Build Confidence (Workshop)**  
Tuomas Aro

**15:30 – 16:00      Coffee Break**

16:00 – 17:00      **From Case to Message: Presenting Clinical Cases Effectively (Workshop)**  
Adrian Bekier

## Day 2      Friday, 4 September 2026

### CAREER DEVELOPMENT

Chair: Filippo Medioli

09:00 – 09:20	<b>Mobility During Training</b> Galadriel Pellejero
09:20 – 09:40	<b>What Should I Do Next? Navigating Career Decision Points</b> Giorgia Caruana
09:40 – 10:00	<b>Launching a Research Career Alongside Clinical Demands</b> Muge Cevik

**10:00 – 11:00      Break**

### BUILDING YOUR BRAND

Chair: Tuomas Aro

11:00 – 11:20	<b>Networking in ID/CM: from ESCMID to Global Partnerships</b> Filippo Medioli & Aureliana Chambal
11:20 – 11:40	<b>Innovation in ID/CM: The Role of AI</b> José Ramón Paño-Pardo
11:40 – 12:00	<b>Your Social Media Presence as an ID/CM Professional</b> Casandra Bulescu

**12:00 – 13:30      Lunch Break**

### AFTERNOON WORKSHOPS

Chair: Casandra Bulescu

13:30 – 15:00	<b>The ID/CM Hackathon (team-based brainstorm to solve YSM problems via personal experiences, the power of intervision)</b> Annabel Niessen & Casandra Bulescu
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**15:00 – 15:30      Coffee Break**

15:30 – 17:00	<b>Workshop on AI and research</b> José Ramón Paño-Pardo
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## Day 3      Saturday, 5 September 2026

### **RESEARCH AND TEACHING**

**Chair:** Filip Bielec

09:00 – 09:20      **Turning Clinical Ideas into Research Projects in ID/CM**  
Luigia Scudeller

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09:30 – 09:40      **Innovative Learning Approaches: Podcasts, Gamification & More**  
Galadriel Pellejero

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09:40 – 10:00      **Teaching on the Fly: Managing Students and Residents**  
Giorgia Caruana

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**10:00 – 10:30      Break**

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10:30 – 12:00      **Interactive quiz**  
Tuomas Aro & Filippo Medioti

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12:30 – 13:00      **Course Closing and Take-Home Messages**  
Filip Bielec & Galadriel Pellejero

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**Organisers**



**Sponsors and supporters**

